

Personal, Social and Emotional Development: Self-regulation



Curriculum Objective

Supported through...

Enalish units of work—e.a from other character view

points . How are the bears feeling when they have to go

Explaining and sharing a range of feelings of happy, sad,

Appropriate resources and material to carry out set

Understanding the variety of rewards and feedback

Self regulating through behaviour chart

activities in the provision

Understating praises

Class display

Self-regulation

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly;
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;

Links Across the Curriculum

Art and Design—children to create different pieces of art e.g. paintings, drawing etc. be able to choose and select appropriate tools, drawing different types of lines, draw and paint a place from observation or imagination / Design and Technology—children to develop accurate cutting skills, experience using different tools e.g. planting, food preparation / Music—number and action songs e.g. five little ducks / RE—turning pages in a festival or celebration book / Forest Schools— leaf threading, material rubbing e.g. bark rubbing. PSHE—talk to friends in a kind voice and know who their friends are.

Components Autumn Term Show understanding of their own feelings e.g. happy/sad/angry or worried. Beginning to show understanding towards others feelings. Select and use activities and resources with help when needed. Talk about feelings with key words and phrases. Understanding we are all brilliant in our own With support to understand how to achieve an outcome from selecting resources and Developing sense of classroom responsibility. Beginning to use the good to be green chart. Beginning to use the warning cards system regarding behaviour. Beginning to understand why they receive rewards and certificates. To listen carefully to adults instructions and responding appropriately.

Following single and two step instructions.

Components Spring Term

Express their own feelings and considering the feelings of others.

Identifying and moderate their own feelings socially and emotionally.

To understand rewards and certificates for specific reason.

Knowing how to be rewarded or receive certificate requires achieving a goal.

To give more focused attention to adults instruction and responding appropriately.

Following multiple step instruction with support if required.

Supported through...

- 0101163
- English units of work—e.g from other character view points. How are the bears feeling when they have to go through it?
- Explaining and sharing a range of feelings of happy, sad, worried and angry
- Appropriate resources and material to carry out set activities in the provision
- Self regulating through behaviour chart
- Understating praises
- Understanding the variety of rewards and feedback
- Assemblies
- Class display

Components Summer Term

Expressing a range of feelings and considering the feelings of others.

Working towards a gaol they have chosen and use appropriate tools and resources to the intended outcome.

Describe themselves in a positive manner.

To be able to anticipate some adult instructions with good understanding of the daily routine and what is expected of them.

Following multiple step instruction with greater independence.

Supported through...

- Stories
- English units of work—e.g from other character view points . How are the bears feeling when they have to go through it?
- Explaining and sharing a range of feelings of happy, sad, worried and anary
- Appropriate resources and material to carry out set
- Self regulating through behaviour chart
- Understating praises
- Understanding the variety of rewards and feedback
- Assemblies
- Class display





Personal, Social and Emotional Development: Managing self



Curriculum Objective

Managing self

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge;
- Explain the reasons for rules, know right from wrong and try to behave accordingly;
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and under-

Links Across the Curriculum

Design and Technology— evaluating their own creations. / Science— perform simple experiments e.g. floating and sinking, observational drawing of fruit and how it changes in appearance. Safeguarding—how to stay safe ins school. E.g. school rules support this. PHSE— exercise is good for our health, experiment with different ways of moving and negotiating space, speak about own needs and opinions, speak positively about themselves

Components Autumn Term

Increasingly follows rules.

Understanding why rules are important.

Remembering some class and school rules without an adult reminding.

Willing to try new activities with the support of an adult.

Becoming more independent in meeting their own needs.

Demonstrating with more independence the ability to dress and undress with minimal

Understanding the importance of healthy snacks and healthy food choices, drink.

Understanding healthy activities such as brushing teeth.

Understand how the behaviour chart works.

Importance of eating healthy fruit.

Understanding the importance of drinking water throughout the day.

Knowing where a carpet space is.

Being able to independently use the toilets and ask for help if required.

Understanding the reason why their own personal hygiene is important e.g. washing hands after sneezing. May require some sup-

Navigating around carpet area successfully.

Navigating around the classroom to access a variety of resources successfully.

Supported through...

- Discussion through daily meal selections

- Carpet rules/Carpet Spaces -good sitting, good looking, listening ears turned on, lips zipped and hands on laps.
- Circle time activities
- Small groups games, adult lead.
- Model good language /behaviour
- Visuals prompts/ visual timetable
- Celebrations and home life sharing activities.

- Planning activities through children's' interests
- Use praise and rewards
- Turn takina activities
- Understand the importance of sharing
- Attending special assemblies/ festivals

Components Spring Term

- Following class and school rules more independently.
- Knows rules help us stay safe.
- Understanding the need to behave well in school and make good behaviour choices.
- More independently trying new activities.
- Show greater resilience towards new challenges and task
- More awareness of the importance of choice making from right and wrong.
- Greater understanding that we need a variety of different healthy food types.
- Developing an understanding of healthy and unhealthy food.
- Understanding why healthy activities are important. E.g. if we don't brush our teeth, it will build up plaque.
- Building confidence to speak to other about own needs, wants, interests and opinions.
- Take responsibility of their own personal hy-
- Developing understanding towards other children when they are struggling with an activity.

Supported through...

- Discussion through daily meal selections
- Daily snack time
- School rules
- Class rules
- Carpet rules/Carpet Spaces -good sitting, good looking, listening ears turned on, lips zipped and hands on laps
- Small groups games, adult lead.
- Model good language /behaviour
- Visuals prompts/ visual timetable
- Celebrations and home life sharing activities
- Show and tell sessions
- Role play area
- Talking partners
- Planning activities through children's' interests
- Use praise and rewards
- Turn taking activities
- Understand the importance of sharing
- Attending special assemblies/ festivals

Components Summer Term

Verbally share what some of the class and school rules are and support others to follow

- More consistently making good behaviour
- Greater understanding healthy meals improves

our health.

challenges and task.

- Continuing to develop resilience towards new
- Forest schools Knows why rules are important for self and

Shows understanding towards other children when they are struggling with an activity.

Supported through...

- Discussion through daily meal selections
- Daily snack time
- School rules
- Class rules
- Carpet rules/Carpet Spaces -good sitting, good looking, listening
- Circle time activities
- Small groups games, adult lead.
- Model good language /behaviour
- Visuals prompts/ visual timetable
- Celebrations and home life sharing activities
- Show and tell sessions
- Role play area
- Talking partners
- Planning activities through children's' interests
- Use praise and rewards
- Understand the importance of sharing
- Attending special assemblies/ festivals





'sonal, Social and Emotional Development: Building Relationships



Curriculum Objective

Building Relationships

the same things.

- · Work and play cooperatively and take turns with others;
- Form positive attachments to adults and friendships with peers;
- Show sensitivity to their own and to others' needs.

Links Across the Curriculum

Art and Design—express ideas and show different emotion., talk and represent ideas and emotions through their creations, give opinion's of others' creations. Geography — showing care towards habitats and creatures / Safeguarding—understanding stranger danger, not everybody is a friend, showing care towards others, building health and positive relationships / History—keeping ourselves safe . E.g. keeping safe around a fire, to know to call 999 in an emergency / P.E—teamwork, forming groups / Science—taking care and nurturing plants. R.E— identifying strong rela-

outcomes cannot be met.

Components Autumn Term	Supported through
Beginning to play with other children.	Discussion through daily meal selections
	Daily snack time
Beginning to extend and elaborate on play ideas.	School rules
	Class rules Behaviour chart
Beginning to initiates conversations, attends to and takes account of what others say.	Carpet rules/Carpet Spaces -good sitting, good looking, listening ears turned on, lips zipped and hands on laps.
	● Circle time activities
	● Small groups games, adult lead.
Developing a positive relationship with adults	Model good language /behaviour
and peers.	Visuals prompts/ visual timetable
	• Celebrations and home life sharing activities.
Explains own knowledge and understanding,	Show and tell sessions
and asks appropriate questions of others.	● Role play area
	Talking partners
Takes steps to resolve conflicts with other children, e.g. finding a compromise.	Planning activities through children's' interests Use praise and rewards
	Turn taking activities
	 Understand the importance of sharing
Beginning to show turn taking skill, with support.	Attending special assemblies/ festivals
Por	Forest schools
Talk partner — taking turns with support.	
Developing forming healthy friendships with peers.	
Understanding what can make us feel happy, sad, angry and worried.	
Knows that other children do not always enjoy	

More confidently interacting with others.
Playing more cooperatively with others and forming a story line.
Developing to initiates conversations, attends to and takes account of what others say.
Understanding that we are all unique.
Building a positive friendship group and across the year group.
Taking steps to resolve conflicts and resolving disagreement with adults support.
Developing turn taking skills, with support.
Talk partner — taking turns independently.
Understanding what makes others happy, sad, angry and worried.
Building on emotion of other and recognised this through facial features and gestures.

Components Spring Term

Supported through	
ssion through daily meal selections	
snack time	
ol rules	
rules	
viour chart	
t rules/Carpet Spaces -good sitting, good looking, listening rurned on, lips zipped and hands on laps.	
time activities	
groups games, adult lead.	
l good language /behaviour	
s prompts/ visual timetable	
rations and home life sharing activities.	
and tell sessions	
olay area	
ng partners	
ng activities through children's' interests	
raise and rewards	
taking activities	
rstand the importance of sharing	
nding special assemblies/ festivals	
t schools	

Components Summer Term	Supported through		
Plays cooperatively with other children.	Discussion through daily meal selections		
	Daily snack time		
	• School rules		
	Class rules		
To show sensitivity to others' needs and feel- ings	Behaviour chart		
	 Carpet rules/Carpet Spaces -good sitting, good looking, listening ears turned on, lips zipped and hands on laps. 		
	Circle time activities		
Form positive relationships with adults and	Small groups games, adult lead.		
other children in the wider school.	Model good language / behaviour		
	Visuals prompts/ visual timetable		
	 Celebrations and home life sharing activities. 		
	Show and tell sessions		
Resolving conflict and disagreements with minimal adult support.	Role play area		
	Talking partners		
	Planning activities through children's' interests		
Turn taking more independently.	Use praise and rewards		
	Turn taking activities		
	Understand the importance of sharing		
	Attending special assemblies/ festivals		
Being able to recognised others' emotion through facial expressions, gestures and tone in voice.	• Forest schools		
Beginning to understand different points of views and to challenge their own and others' thinking.			
Is more able to manage their feelings and tolerate situations in which their wishes or outcomes connot be met	Rushey Mead		

Rushey Mead

Primary School



Vocabulary



tening, good looking, talk partners, healthy, unhealthy, packed lunch, water bottle, friends, kind, unkind, play, feelings, happy, sad, angry, worried, good behaviour, help, share, safe, celebrate tening, good looking, talk partners, healthy, unhealthy, packed lunch, water bottle, friends, kind, unkind, play, feelings, happy, sad, angry, worried, good behaviour, help, share, safe, celebrate,	Autumn	Spring	Summer
giene, challenging, safety, in charge, lead, confident	tening, good looking, talk partners, healthy, unhealthy, packed lunch, water bottle, friends, kind, unkind, play, feelings, happy, sad, angry, worried, good behaviour, help, share, safe, celebrate	tening, good looking, talk partners, healthy, unhealthy, packed lunch, water bottle, friends, kind, unkind, play, feelings, happy, sad, angry, worried, good behaviour, help, share, safe, celebrate, celebration, assembly, teamwork, special, unique, friendship, school rules, responsibility, support, good space, good hy-	Rules, toilets, wash hands, dry your hands, carpet space, good sitting, good listening, good looking, talk partners, healthy, unhealthy, packed lunch, water bottle, friends, kind, unkind, play, feelings, happy, sad, angry, worried, good behaviour, help, share, safe, teamwork, special, unique, friendship, school rules, responsibility, support, good space, good hygiene, challenging, safety, in charge, lead, confident

Preparing for the National Curriculum

English	Understanding of a variety of stories, listen and focus on one thing at a time, understand what a sentence/question is, building vocabulary linked with topics and stories. Listen to others both adults and peers with both instructions and discussions. Begin to understand we all have an opinion.
All subjects	Listen to others both adults and peers with both instructions and discussions. Begin to understand we all have an opinion. Have a developing understanding of various vocabulary.
PHSE	Children will be confident in speaking to others about their own needs, wants and opinions. Children can describe themselves in positive terms and understand that their actions affect other people. Children will understand that people and themselves in the community have an impact on the area in which they live.
No Outsiders	Children to know that they don't have to change to fit in. Children to know that everyone is different and unique and that is okay. Children to discuss how the chameleon tries to change to fit in and that made him miserable. When was he the most happy? When are you the most happy with your friends. Children to know that they can like different things to their friends. Children to be able to choose their favourites and know that there is no right and wrong. Play bingo with four things and find different children who like each thing.

Outcomes / Composites
Establish school routine
Sit well on the carpet for short amount of time e.g. assembly
Understands rules help stay safe
Negotiating space and obstacles safely with consideration of themselves and others
Independently accessing the toilets
Good hygiene routine establish e.g. independently using a tissue to wipe nose
Using tools correctly and safely e.g. scissors, sharp pencils
Understanding the importance of a healthy diet
Understanding the importance of exercise
Communicate needs to peers and adults
Express own feelings

Stickability				
C.E—cooking sessions with new equipment, P.E— new equipment being used .e.g. rackets / Science—nurturing a plant/ celebration of achievements) 	
Character Traits				
Curiosity Articulate	Resilient Respectful	Ambitious	Kind	

WOW

Using new equipment inf Food Technology

Use of resources and equipment—e.g. flicking paint to create a Holi picture

Sports day

Science e.g. teeth experiment

English units—Leon and Bob— changes in feeling
Diversity in the role play
Showing sports people

Diversity in the Curriculum

